


One&Only + LAIRD 



LIVE. LIFE. ALIVE.

A LONG WEEKEND OF HEALTH, WELLNESS, AND
ADVENTURE HOSTED BY LAIRD HAMILTON AND
GABRIELLE REECE AT THE INCREDIBLE ONE&ONLY
PALMILLA THIS SUMMER FROM JUNE 10-13

*Join big wave surf legend Laird Hamilton and athlete and model Gabrielle Reece
in the incomparable setting of One&Only Palmilla at the edge of the Baja
Peninsula, for world-class fitness and endurance instruction, live entertainment,
and the finest dining in Los Cabos in an intimate setting.*

Stay three nights and four days in a beautifully appointed Ocean Front Room, with private terrace offering breathtaking views over the azure waters of the Sea of Cortez.

Elevate your exercise regime to the next level, with High-X Explosive circuit training in the company of Gabrielle Reece and Team USA Olympian Erin Mackenzie.



Challenge both body and mind with XPT Extreme Pool Training, an extensive program of underwater workouts, under the tutelage of Laird Hamilton and Human Performance Specialist Brian Mackenzie.

Hone your Stand Up Paddle skills with training and tours led by Laird Hamilton and Team USA SUP racer and surfer Chuck Glynn.

Enjoy a customized daily nutrition program, with highly specialized menus at Agua and the O&O Lounge designed and prepared by renowned chefs Larbi and Yoshi.

Join Laird and friends for a sumptuous hosted dinner and an evening of live entertainment, speeches and socializing.

Receive complimentary weekend fitness outfits provided courtesy of Laird Apparel and Eden Activewear.



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YOUR EXPERIENCE INCLUDES ALL OF THE ABOVE FROM JUST
\$3,900 FOR TWO PEOPLE

FOR MORE DETAILS PLEASE CONTACT US AT
RESERVATIONS@ONEANDONLYPALMILLA.COM OR +1 888 691 8081